

The Whole Truth

Three weeks of their stories. Now one week of yours — a single honest line, held for seven days.



HONESTY · WEEK 4 OF 4 · PRACTICE WEEK

A QUICK NOTE TO PARENTS

Before you start the week

This is practice week — the month’s stories become seven days of lived honesty. The design is the same one Daniel used and Nora faced: your child picks **one line** (not five), decides it *in advance*, writes it down, and holds it for a week.

Keep the line small and concrete. “Be honest” is not a line. “I tell the whole truth, even when a half-truth would be easier” is a line. “I own my mistakes the same day I make them” is a line. “If a mistake lands in my favor, I fix it” is a line. Small and real beats grand and vague, every time.

YOUR ROLE

Witness, not enforcer. You sign the Line Card, you ask how it went at supper, and when they slip (they will), you point back at the card, not at them.

THE DEBRIEF

Day 7 has three family questions. Ten minutes. Don’t skip it — the debrief is where the week becomes a memory.

ONE TIP

Take the challenge yourself, with your own line, on your own card. Nothing teaches honesty like a parent saying out loud, “I was wrong about that — let me fix it.”

STEP ONE · DECIDE BEFORE

Pick your line

Remember the order the whole month has been teaching: decide before, pay the cost, keep the balance true. This page is the deciding. Fill it in tonight, before the week starts — kitchen-table time, like Daniel, not counter time, like Nora.

MY LINE

This week, my line is:

The moment it will be hardest (name it — the loose ten, the half-truth, the mistake in my favor):

When that moment comes, I will:

SIGNED (YOU)

WITNESSED (A PARENT)

Need ideas? The whole truth, even when a half-truth is easier. Owning a mistake the same day you make it. Fixing a score, a grade, or a count that came out wrong in your favor. Kind, true words about people who aren't in the room.

STEP TWO · HOLD IT

Seven days of true weight

Each evening, mark the day. A star means the line held. A dash means it slipped — mark it honestly and start again tomorrow. An honest dash is worth more than a false star. (You learned that on the very first week of the trail.)

DAY	HELD / SLIPPED	THE HARDEST TRUE THING TODAY WAS...
1	☆ / —	
2	☆ / —	
3	☆ / —	
4	☆ / —	
5	☆ / —	
6	☆ / —	
7	☆ / —	

WHEN IT GETS HARD

Say it small: “*Just this one true thing.*” You don’t have to hold the whole week tonight. Just tell the truth that’s in front of you right now.

STEP THREE · THE DEBRIEF

Three questions at the table

1. Which day was hardest, and what did the “loose ten dollars” actually look like when it came for you this week?

2. Did deciding *before* make telling the truth easier — the way a just weight made an honest merchant’s whole day simpler? Or did it feel different than you expected?

3. If you kept this line for a whole year, what would people learn to say about you — the same kind of thing a whole country learned to say about the woman who named herself Truth?

COPYWORK

Copy the line below in your best handwriting. Old words, worth keeping.

“Speak ye every man the truth to his neighbour.”

— ZECHARIAH 8:16 (KJV)

THE MONTH OF HONESTY ENDS HERE

Two stars, almost lit

A girl at a counter. A pair of ancient scales. A woman who took Truth for her name. And now seven days with your name on them. That's honesty from four directions — and if you told the truth even once this week when a lie would have been easier or cheaper, you already know what the whole month has been saying: **honesty is a just weight, carried in the words you speak and the things your hands do when no one is counting.**

Next month on the trail: Kindness. It begins on a lonely road, with a traveler left hurt in a ditch, and the three people who walked past before the one who finally stopped. You may have heard of him — the Good Samaritan.

There was a real boy behind a real counter.

On the American frontier, a young store clerk realized he'd taken a few cents too many from a customer — and walked miles in the dark to give it back. Another day he'd weighed the tea a little light, and walked that back too. The neighbors began calling him a name he never asked for. What honesty cost him, what it won him, and the week-long challenge that goes with it: that's **Constellation Trail Unit Two: Honesty** — the second star of the constellation.

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